



Behavioral Health Services
A Division of Health Care Services Agency

Tony Vartan, MSW, LCSW, BHS Director

SAN JOAQUIN COUNTY BEHAVIORAL HEALTH BOARD (BHB)

Regular Meeting

March 20, 2019, 5:00 – 7:00 P.M.

1212 N. California Street, Stockton, CA 95202

Board Members Present:

Vaunita Duval
 Karen Ivy
 Cary Martin
 Daphne Shaw
 Tasso Kandris
 Mudalodu Vasudevan
 Lori Hansen
 Jeff Giampetro
 Patricia Barrett
 Cynthia Thomlison
 John Weston
 Supervisor Villapudua

Board Members Absent/Excused:

Joe Dittman
 Mike Corsaro
 Frances Hernandez

Also Present:

Tony Vartan, Behavioral Health Director
 Greg Diederich, Health Care Services Director
 Frances Hutchins, Assistant Behavioral Health Director
 Genevieve Valentine, Interim Deputy Director Children and Youth Services
 Angelo Balmaceda, Management Analyst II
 Alicia Tacata, Administrative Assistant II
 Maria Boklund, Mental Health Clinician III
 Isabel Espinosa, Office Secretary

Guests:

Gertie Kandris
 Tham Le, Vietnamese Voluntary Foundation, Inc.
 Sam Luu
 Melissa Nguyen

MINUTES

I. CALL TO ORDER

The Behavioral Health Board meeting was convened on Wednesday, March 20, 2019 at Behavioral Health Services located at 1212 N. California Street, Conference Room B, Stockton, CA. Chairperson Tasso Kandris called the meeting to order at 5:00 P.M. and led the pledge of allegiance.

II. ROLL CALL

Roll call was taken by the Board Secretary. A quorum was in attendance at this meeting.

III. INTRODUCTIONS

Chairperson Tasso Kandris led self-introductions among board members and the public audience present at the meeting.

IV. APPROVAL OF MINUTES

Vaunita Duval made a motion to approve the February minutes. Motion was approved 12-0.

V. PUBLIC COMMENT

- A. Tham Le of the Vietnamese Voluntary Foundation, Inc. (ViVO) requested additional funding for a Full Service Partnership ending on June 30, 2019. (See Appendix A)

VI. PRESENTATION

- A. BHS Cultural Competency Plan Brief Update and 18-19 Strategies/BHS Quality and Performance Improvement Work Plan (See Appendix B)

Cultural Competency Plan - Angelo Balmaceda, Management Analyst II

- Cultural Competency plan was amended to include the Office of Minority Health Culturally and Linguistically Appropriate (CLAS) national standards and comply with 42 CFR 438.206(C) (2).
- A division wide and program specific inventory of Cultural Competency knowledge will be conducted using the California Brief Multicultural Competence Scale by June 30, 2019 to BHS staff and Partners to identify gaps in knowledge.
- Treatment interventions designed to reduce cultural stress have been successful, demonstrated by decrease in Cultural Stress CANSA scores.
- Cultural Competency Committee to develop new strategies for outreach and engagement for the Latino and Hispanic communities. And to increase the recruitment of staff from the Latino/Hispanic and Black/African communities based on data showing that we are not adequately serving those communities.

Quality and Performance Improvement Work Plan – Genevieve Valentine, LMFT, Interim CYS Director

- Quality improvement is defined as the systematic approach to assessing services and improving them. SJCBS' approach to quality improvement is based on the following principles:
 - Recovery-orientation: Services provided should promote and preserve wellness and expand choices to meeting individually defined goals.
 - Employee empowerment: Effective quality improvement initiatives should involve people at all levels of the organization in improving quality.
 - Leadership involvement: Strong leadership, direction and support of quality improvement activities are essential to performance improvement. Involving organizational leadership assure that quality improvements initiatives are consistent

with SJCBS' mission, vision, values and compliment the organization's Strategic plan.

- Data Driven Decision-making: Successful quality improvement processes should incorporate feedback loops, using data to develop practices and measure results.
- Prevention over correction: Continuous quality improvement includes designing processes that achieve positive outcomes rather than fixing processes that do not produce desired results.
- SJCBS has adopted the following continuous quality improvement activities:
 - Collecting and analyzing data to measure against the goals, or prioritized areas of improvement that have been identified;
 - Identifying opportunities for improvement and deciding which activities to pursue;
 - Identifying relevant communities internal or external to ensure appropriate exchange of information with the Quality Assessment and Performance Improvement Council (QAPIC);
 - Obtaining input from providers, beneficiaries, and family members in identifying barriers to delivery of clinical care and administrative services;
 - Designing and implementing interventions for improving performance;
 - Measuring the effectiveness of the interventions;
 - Incorporating successful interventions into SJCBS' operations as appropriate; and
 - Reviewing grievance, standard appeals, expedited appeals, fair hearings, expedited fair hearings and provider appeals for customer satisfaction.

VII. DIRECTOR'S REPORT

- A. Thank you Angelo Balmaceda and Genevieve Valentine for your presentations. Their presentations outline BHS's emphasis on staff empowerment, and mentoring staff to grow. Their presentations highlight our goals of improving access, and timely service.
- B. Changes in BHS Leadership
 - The Children and Youth Services Deputy Director has accepted a position with another agency. Genevieve Valentine has been selected to fill in during the interim process while we are recruiting. She was chosen via an internal panel, and had great feedback from her peers.
 - Substance Abuse Services Deputy Director Billy Olpin will retire at the end of the week. The second round of interviews concluded last Friday. An announcement is expected by the end of the week.
 - Finance Deputy Director will also be retiring this month. And interest notice was sent out for an interim candidate. We are currently recruiting for this position.
- C. Thank you Frances Hutchins, Assistant Behavioral Health Director, Donna Bickham, Quality and Performance Improvement Deputy Director, and Maria Boklund, Mental Health Clinician III for their work on provider agreements.

- D. BHS is currently in budget season. Staff is finalizing MHSA plans and reviewing contracts.
- E. The second Psychiatric Health Facility location is being evaluated. A report is expected by the end of the week.
- F. An application for Prop 47 was submitted to the State in collaboration with District Attorney and Public Defender.
- G. Request for Proposal's have been granted to Turning Point and Telecare. They were each awarded an Adult and Justice FSP.
- H. The Request for Proposal process did not generate an adequate number of providers interested in School based interventions. Purchasing will reopen the RFP process.
- I. A presentation will be made to the California council on Criminal Justice and Behavioral Health along with our justice partners discussing programs such as the Conditional Release Program (Conrep), Law Enforcement Assisted Diversion (LEAD), Collaborative Court Program, and the Stepping Up Initiative.

VIII. NEW BUSINESS

- A. Data Notebook Survey
 - A motion was made by Cary Martin and seconded by Lori Hansen to approve the Data Notebook and was approved 12-0.
 - Tasso Kandris appointed Patricia Barrett as the Chairperson of the Data Notebook Ad-Hoc committee for next year.
- B. Retreat
 - A motion was made by Jeff Giampetro, and was seconded by Lori Hansen to research and plan a retreat for this board, and to seek funding opportunities from the State. The motion was approved 12-0. Cary Martin will research Retreat options, and report back to the board at a later date.

IX. OLD BUSINESS

- A. Alternative meeting location
 - Alternative meeting locations were discussed.
 - Arrangements have been made for a Lodi meeting in October.
 - Dr. Vasudevan is researching a meeting in Tracy in June or July.
 - Cynthia Thomlison is researching a meeting location in Manteca.
 - Patricia Barrett made a motion to approve moving the meeting night to accommodate a location in Tracy or Manteca. The motion was seconded by Karen Ivy and was approved 12-0.
- B. Proposed Jail Tour
 - A tour of the San Joaquin County Jail was proposed for May. A sign in sheet was passed around for those interested in attending.
- C. Proposed meeting time change
 - Patricia Barrett withdrew the motion to change the meeting time.
- D. Resolution of Support to the Power and Support Team

- A motion was made by Patricia Barrett, and seconded by Lori Hansen to approve the Resolution.
The motion passed 12-0.

X. COMMITTEE REPORTS

- A. Executive Committee: No report.
- B. Legislative Committee: No report.
- C. Housing Committee: No report.
- D. Grievance Committee: No report.
- E. Substance Use Disorder Committee: No report.
- F. Children's Committee: No report.

XI. REMINDERS

- A. The next Behavioral Health Board meeting will be April 17, 2019 at 5:00 P.M., in BHS Conference Room. For information, please contact Isabel Espinosa at 209-468-8750 or via e-mail at iespinosa@sjcbhs.org

IX. ADJOURN TO WEDNESDAY April 17, 2019 AT 5:00 P.M

Appendix A



Vietnamese Voluntary Foundation, Inc.

Employment - Training - VESL – Mental Health Services- Youth & Family Service

2269 Quimby Road – San Jose, CA 95122 – Tel: (408) 532-7755 – Fax: (408) 532-1699 – Email: vivoinfo@aol.com
4422 N. Pershing Ave., Ste #D7 – Stockton, CA 95207 – Tel: (209) 475-9454 – Fax: (209) 475-9341 – Email: vivostockton@gmail.com

March 8, 2019

VIVO - Vietnamese Voluntary Foundation, Inc.
4422 North Pershing Ave, Suite D7,
Stockton, California, 95207

Dear San Joaquin County Administration,

On behalf of the Vietnamese Voluntary Foundation, Inc., I am pleased to submit the letter of intent to request an additional outreach and engagement to Vietnamese Community in San Joaquin County.

As a long-term contract partner with the San Joaquin County, our organization has established the credential in working with community with emotional and behavioral difficulties. Currently, our staffs have been serving this population of clients who are participated in the Southeast Asian Recovery Services (S.E.A.R.S) program for needs of psychiatric treatment and recovery from emotional abuse, addiction and violence in the neighborhood, and older Adults (GOALS). However, due to limited resources, our organization does not have enough funding to provide sevide to the underservice population due to the FSP funding will be ending on June 30, 2019.

The funding from this project, *outreach and engagement to Vietnamese Community*, is crucial in aiding VIVO to achieve our goals of bettering the under-served Southeast Asian community in San Joaquin County.

Sincerely,

A handwritten signature in black ink, appearing to read "Tham Le", with a long, sweeping underline that extends to the right.

Tham Le, VIVO Branch Director

Applicant Information	
Organization: VIETNAMESE VOLUNTARY FOUNDATION, INC.	
Branch Director/ Executive Director: Tham Le	
Designated Project Coordinator: Tham Le	Title: Branch Director
Email (Project Coordinator): vivostockton@gmail.com	Phone: (209) 518-5267
Mailing address: 4422 N. Pershing Ave. D7 Stockton, CA 95207	
Signature: 	Date: 3/10/19

PROJECT NARRATIVE

VIVO’s target audiences are the under-served of the Southeast Asian community in San Joaquin County, primarily Vietnamese and Laotian individuals. Our definition of ‘under-served’ pertains to the individual(s) who experience(s) difficulty to access to mental health and substance use disorder prevention & treatment due to language, cultural and financial barriers. Clients qualified for services at VIVO-Vietnamese Voluntary Foundation limited to the mainstream services.

Vietnamese Voluntary Foundation (VIVO) is founded in 1979 by a group of young Vietnamese- American professionals in San Jose, providing comprehensive acculturation, employment, citizenship, health and human support services to over 100,000 Vietnamese and Southeast Asian Americans. In 1986, VIVO extended support services to the Vietnamese and other Southeast Asian American community in San Joaquin County, which results in the establishment of the VIVO branch in Stockton city. In 2006, VIVO branch in Stockton first entered the contract with San Joaquin County Behavioral Health Services (SJCBS) to participate in 2 programs:

- a) Southeast Asian Recovery Services (SEARS) program at Transcultural Clinic for Southeast Asian residents ages 18 and older
- b) Gaining Older Adult Life Skills (GOALS) program at Older Adult Services Center for Southeast Asian residents ages 60 and older

Since then, VIVO Stockton has enrolled more than 3,200+ Vietnamese, 1450+ Laotian, 450+ Cambodian, and other individuals to both programs. Under the FSP contract reported in 2017 to 2018, VIVO staff served 495 intensive cases through the SEARS and GOALS programs and 288 cases through Wellness Recovery Action Plan (WRAP) program with clients from 18 to 65+ yrs. In addition to these clients, VIVO Stockton maintains its consistent effort in the Southeast Asian community in San Joaquin County to support documentation to gain legal status to get benefit for mental health treatment. With almost 33-year establishment, VIVO branch in Stockton has become a trusted non-profit organization for Vietnamese

and Laotian, and other individuals to get assistance and service. The clients and their families, who are recovering from mental health crisis, then refer VIVO to friends in other cities of San Joaquin County. Hence, VIVO is particularly suited to provide mental health engagement to the Vietnamese and Laotian, and other individuals in San Joaquin County.

Currently, two main programs that VIVO branch in Stockton offer are Southeast Asian Recovery Services (SEARS) and Gaining Older Adult Life Skills (GOALS). These are full service partnership programs which provide clients with intensive case management, language support, community resource(s) linking, help with psychiatrist doctor visits, WRAP skills, and assistance with medical application processing & citizenship. The VIVO staffs working as case managers for SEARS and GOALS under contract with SJCBS also perform home visits to educate the clients and their family about the mental illness symptoms in conjunction with techniques to manage them. These home visits aim to monitor the client's progress, enhance compliance to mental health treatment, increased independent living, and increased self-esteem.

Although these programs have proved to be effective in helping clients in their recovery, VIVO also recognizes the pertinent need for early preventative measurement in addition to intensive care & case management. The reason is because mental health is still stigmatized in Southeast Asian culture and most Vietnamese and/or Laotian family tends to keep the mental illness as privacy matter until it transitions to be seriously symptomatic. The outreach and engagement services to the Vietnamese, Laotian and others Community will aid VIVO in helping family members to address the mental health illness when they notice its first signs and symptoms. The outreach and engagement services to the Vietnamese, Laotian, and other Community can also help raise the awareness the about mental health and addiction via explanation and education to the community leaders or religious / spiritual leaders. These individuals can act as a safety net and resources for community members to reach out for help.

VIVO will recruit religious leaders of the Vietnamese and Laotian communities in San Joaquin County to cooperate and assist in promoting about the outreach and engagement services to the Vietnamese and Laotian Community that VIVO provides. As they hold key roles in the respective community, the primary target audiences will be aware of early treatment to prevent crisis or hospitalization issues. Also, the religious settings are places that a majority of Vietnamese and Laotian individuals gather. By this way, VIVO can reach a range of unserved and underserved populations including veterans, transitional age youth ages 16 and 65+, and cultural communities. VIVO also extends its outreach effort to those who do not attend religious events by flyering at other public places such as Asian supermarkets, restaurants or hair salons, etc. In cases of low training attendance or registration, VIVO can utilize the Vietnamese local newspapers to advertise about the outreach and engagement services in mental health treatment.

Strengths of VIVO Program

The strengths of VIVO's full-service partnership program are rooted in community outreach and education. There are cultural and language barriers that prevent the Southeastern Asian

communities from being able to ask and seek out public benefits and services. There are a great number of people in these Southeastern Asian communities, consisting of Vietnamese, Cambodians, and Laotians, who are first generation immigrants who lack the education and English skills to advocate for themselves. Often, this means that these communities remain isolated and depend on each other within the communities. However, due to the stigma revolving around mental health illness, those who are affected are less likely to ask for help, often afraid of how others will judge them. Therefore, VIVO, as a community-based organization, works to counteract that and provides advocacy, support, and education for the clients and their families to get them the mental health and public services that they need. These services include:

- Advocating for housing and placement in Board & Care facilities
- Advocating for public benefits including Medi-Cal, food stamp (Cal-Fresh), and General Assistance funding
- Supporting and following up with clients on upcoming doctor appointments for continuing mental health treatments
- Advocating for Social Security benefits including SSI and SSDI
- Advocating and assisting in applying for US Naturalization and Green Card
- Advocating and assisting in applying for ID card and other missing documentations
- Advocating for clients with mental health illnesses who are facing civil and criminal court cases
- Linking to community and public services
- Linking to health care services
- Providing mental health and coping skills education for affected families

Some stories from success and challenges

Clit's successfully service stories

J.Ph. 19 years old has a history of inability to adapt to a new school environment as he was transferred back and forth between schools. He does not feel that he belongs in his peer groups. Client does not like hanging out with his peers. Client reported that he always felt uncomfortable standing in front of the school waiting for his parents to pick him up. He experienced paranoia, in which he believed that people were watching him. Client reported family verbal and physical abuse that caused his daily frustration. Despite scoring very high on the SCAT tests, client is unable to graduate from high school because he failed number of classes, due to homework incompleteness, and because he did not work on the high school senior project. Family was in crisis of the situation, because they want to help the client think positive and choose any job that client is interested in in order to take care himself. The VIVO/SEARS program supported the client by assisting him to adjust activity daily living, meet therapist, and schedule

been slowly decompensating and not complying with medication or rules of living in Board and Care. Client had been found to leave Board and Care premises after curfew hours and getting back early in the morning. Client was also observed to have delusions about the reality, often lapsing into stories about "hell." Client was also found to befriend homeless people living nearby and often brought back items found in the street back into the Board and Care. This caused concern for Board and Care staff to which they tried to collaborate with staff to help educate client on safety. However, client's mental condition deteriorated to a point where he ran away from treatment and wasn't found for more than a month. Currently he is under in-patient service waiting for placement.



SAN JOAQUIN
—COUNTY—

Greatness grows here.

BHS Cultural Competency Plan

Cultural Competency Plan Update
and 2018-19 Strategies

BHS Cultural Competency Plan

- In accordance with DMH Information Notice Number 10-02: Cultural Competency Plan Requirements (CCPR) and Title IX, California Code of Regulations, Chapter 11, Cultural Competence Plan for Mental Health Plans (MHP), BHS will adhere to the establishment of DHCS mandated Cultural Competency Plan Requirements.
- Drug Medi-Cal (ODS Waiver) – The contractor shall develop a Cultural Competency Plan and subsequent plan updates
 - Each service provider receiving funds from the Agreement shall adopt the federal Office of Minority Health Culturally and Linguistically Appropriate (CLAS) national standards and comply with 42 CFR 438.206(c)(2).

Criterion of the CCPR vs. CLAS Standards

- Criterion 1 - Commitment to Cultural Competence →
 - Criterion 2 – Updated Assessment of Needs →
 - Criterion 3 – Strategies and Efforts for Reducing Racial, Ethnic, Cultural and Linguistic Mental Health Disparities →
 - Criterion 4 – County Mental Health Systems Client/Family Member/Community Committee →
- CLAS Standard 2, 3, 4, 9, 15
 - CLAS Standard 3
 - CLAS Standard 1, 10, 14
 - CLAS Standard 13



Criterion of the CCPR vs. CLAS Standards

- Criterion 5 – County Mental Health Plan Culturally Competent Training Activities →
 - Criterion 6 – County Mental Health System’s Commitment to Growing a Multicultural Workforce →
 - Criterion 7 – County Mental Health System Language Capacity →
 - Criterion 8 – County Mental Health System Adaptation of Services →
- CLAS Standard 4
 - CLAS Standard 7
 - CLAS Standard 5, 6, 8
 - CLAS Standard 12



Criterion 1 - Commitment to Cultural Competence

2017-18 Accomplishments

- **A Cultural Competency Policy for the division (See attachment 1)**
- **An on-line training course in Cultural Competence for all BHS employees (See Attachment 2)**

2018-19 Strategies

- Measurable standards for culturally competent services by June 30, 2019.
- Plan to measure and monitor the cultural competency standards through the data dashboard and/ or the Quality Improvement Work Plan by June 30, 2019 (Completed 1/15/19 via QAPI Work Plan)
- Division-wide and program-specific inventory of Cultural Competency knowledge via the California Brief Multicultural Competence Scale (CMCBS) to identify gaps in the knowledge base of BHS Staff Members and Partners by June 30, 2019.
- Strategies and an action plan to address findings of the CBMCS by June 30, 2019.
- Policies and programs to increase services for underserved populations, demonstrated by increasing Latino/Hispanic penetration rates
- Treatment interventions designed to reduce cultural stress, demonstrated by decrease in Cultural Stress CANSA scores

SAN JOAQUIN

Criterion 2 – Updated Assessment of Service Needs

2017-18 Accomplishments

- Six community discussions and about the needs and challenges experienced by mental health consumers with a focus on the diverse range of consumers served.
- Five targeted discussion groups with mental health consumers, family members and community stakeholders.
- Assessment of program services, including utilization, timeliness and client satisfaction.
- Cultural Competency Committee presentation to managers on CLAS Standards
- Administration of survey on CLAS Standards to BHS Managers.

2018-19 Strategies

- Conduct a series of MHSA community planning discussions on the needs and challenges experienced by mental health consumers with a focus on the diverse range of consumers served by November 30, 2018.
- Develop online and paper needs assessment surveys to reach individuals who are unable to attend community planning sessions or who may be unwilling or unable to provide public comment in person at meetings by November 1, 2018.
- Distribute and collect needs assessment surveys by December 31, 2018.
- Complete an annual MHSA assessment of needs by March 30, 2019.
- To follow-up on its CLAS survey with a more robust survey to be administered to all staff, a division-wide and program-specific inventory of Cultural Competency knowledge via the CBMCS to identify gaps in the knowledge base of BHS Staff Members and Partners will be administered to all staff by June 30, 2019.
- Develop strategies and an action plan to address CBMCS findings by June 30, 2019.

Criterion 3 - Strategies and Efforts for Reducing Racial, Ethnic, Cultural and Linguistic Mental Health Disparities

2017-18 Accomplishments

- A MHSA Innovation Project for an Assessment and Respite Center focused on increasing access to behavioral health services for racial and ethnic minorities was developed by BHS and approved by the County's Board of Supervisors in November 2017 and by the California Mental Health Oversight and Accountability Commission in January 2018.
- The Assessment and Respite Center opened to services in June 2018.

2018-19 Strategies

- Monitor the success of the Assessment and Respite Center by reviewing quarterly data on the demographics of individuals served and qualitative data including consumer satisfaction data, quarterly.
- Implement adjustments to the activities of the Assessment and Respite Center in the annual contract review process by March 30, 2019.
- Dedicate efforts of the BHS Cultural Competency Committee to the development of additional strategies for outreach and engagement to Latino/Hispanic communities by making it a permanent agenda item on monthly meetings beginning January 2018.

Criterion 4 - County Mental Health Systems Client/Family Member/Community Committee

2017-18 Accomplishments

- The development of a **BHS Cultural Competency Policy** (see attachment 2)
- The development of standardized and mandatory online staff training on **Cultural Competence** (see attachment 1)
- A survey of managers on **Culturally and Linguistically Appropriate (CLAS) Standards.**

2018-19 Strategies

- Hold at least eight meetings involving representation from management staff, direct services staff, consumer, community members and representatives of cultures from the community by June 30, 2019.
- Elicit, suggest, review, monitor and support at least two new strategies to increase penetration and retention rates for identified community groups by June 30, 2019.
- Collaborate with the Consortium by disseminating Cultural Competency information and strategies at five Consortium meetings by June 30, 2019.
- Recruit and ensure that at least two consumers and/or family members are present at each Cultural Competency Committee Meeting

Criterion 5 - County Mental Health Plan Culturally Competent Training Activities

2017-18 Accomplishments

- Development of an on-line training course in Cultural Competence for all BHS employees (See Attachment 1)
- BHS has also continued its efforts in providing Cultural Competent presentations via the Consortium as outlined in Criterion 4

2018-19 Strategies

- Monitor the numbers of staff participating in the online course by June 30, 2019.
- Adjust the online course curriculum in response to feedback from participants and new learning strategies in line with best practices for cultural competency training by June 30, 2019.
- Develop and implement culturally competent Medical Necessity and Level of Care training by June 30, 2019

Criterion 6 - County Mental Health System's Commitment to Growing a Multicultural Workforce: Hiring and Retaining Culturally and Linguistically Competent Staff

2017-18 Accomplishments

- Maintained an in-house database of staff ethnicities.
- Provided data to OSHPD for inclusion in the 2018 State Evaluation/Workforce Education and Training (WET) Workforce Needs Assessment.
- Reviewed staff data to determine areas in which the BHS staff was over or under-represented.

2018-19 Strategies

- The BHS Cultural Competency Committee will develop strategies for increasing the recruitment of staff from the Latino/Hispanic and Black/African American communities by June 30, 2019.
- The BHS Cultural Competency Committee will provide recommendations for improvement in tracking deficiencies highlighted in the Statewide Evaluation/Workforce Education and Training (WET) Workforce Needs Assessment by June 30, 2019.

Criterion 7 - County Mental Health System Language Capacity

2017-18 Accomplishments

- Maintained an in-house database of language capacity of BHS staff.
- Provided data to OSHPD for inclusion in the 2018 State Evaluation/Workforce Education and Training (WET) Workforce Needs Assessment.
- Reviewed staff data to determine areas in which the BHS staff was over or under-represented.

2018-19 Strategies

- The BHS Cultural Competency Committee will develop strategies for increasing the recruitment of staff that speak Cambodian, Vietnamese, and Laotian by June 30, 2019.
- The BHS Cultural Competency Committee will provide recommendations for improvement in tracking deficiencies highlighted in the Statewide Evaluation/Workforce Education and Training (WET) Workforce Needs Assessment by June 30, 2019.

Criterion 8 - County Mental Health System Adaptation of Services

2017-18 Accomplishments

- The standard for cultural and linguistic competence in new MHSA projects was documented in the MHSA Annual Update.

2018-19 Strategies

- BHS contracts for new MHSA services will document the requirement for cultural and linguistic competence.
- BHS will monitor contractors to ensure that new services are being implemented with cultural and linguistic competence.

Any Questions?



Angelo Balmaceda, MHSA Coordinator

abalmaceda@sjcbhs.org / (209) 468-8758



San Joaquin County Behavioral Health Services

Quality Assessment and Performance Improvement (QAPI) Workplan

July 1, 2018 – June 30, 2022

Updated for Fiscal Year 2018/19

Executive Summary

Purpose and Intent

San Joaquin County Behavioral Health Services (SJCBS) is committed to service excellence and continuous quality improvement. Toward this end, SJCBS has developed and implemented a range of quality assessment & performance improvement activities to measure and improve the timeliness, access, quality and outcomes of its services.

Quality Improvement Principles

Quality Improvement is defined as a systematic approach to assessing services and improving them. SJCBS' approach to quality improvement is based on the following principles:

- **Recovery-oriented:** Services provided should promote and preserve wellness and expand choices to meet individually defined goals.
- **Employee Empowerment:** Effective quality improvement initiatives should involve people at all levels of the organization in improving quality.
- **Leadership Involvement:** Strong leadership, direction and support of quality improvement activities are essential to performance improvement. Involving organizational leadership assures that quality improvement initiatives are consistent with SJCBS' mission, vision, and values and compliment the organization's Strategic Plan.
- **Data Driven Decision-Making:** Successful quality improvement processes should incorporate feedback loops, using data to develop practices and measure results.
- **Prevention over Correction:** Continuous quality improvement includes designing processes that achieve positive outcomes rather than fixing processes that do not produce desired results.

Continuous Quality Improvement Activities

SJCBS has adopted the following continuous quality improvement activities:

- **Collecting and analyzing data** to measure against the goals, or prioritized areas of improvement that have been identified;
- **Identifying opportunities for improvement** and deciding which activities to pursue;

- Identifying relevant committees internal or external to **ensure appropriate exchange of information** with the Quality Assessment & Performance Improvement Council (QAPIC);
- **Obtaining input** from providers, beneficiaries, and family members in identifying barriers to delivery of clinical care and administrative services;
- **Designing and implementing interventions** for improving performance;
- **Measuring the effectiveness** of the interventions;
- **Incorporating successful interventions** into SJCBS' operations as appropriate; and
- Reviewing grievances, standard appeals, expedited appeals, fair hearings, expedited fair hearings and provider appeals for **customer satisfaction**.

Quality Assessment and Performance Improvement Council and Subcommittees

The QAPIC is a formal body that has responsibility for reviewing the quality of services provided by SJCBS and its contracted providers. The QAPIC recommends policy decisions, reviews and evaluates the results of quality assessment & performance improvement activities including Performance Improvement Projects (PIPs), institutes needed actions, ensures follow-up of quality assessment & performance improvement processes, and documents its decisions and actions taken.

The QAPIC meets monthly and its membership includes members of SJCBS' Senior Management, Program Managers, staff, providers, consumers, and family members. The QAPIC reviews and analyzes the results of the activities of the QAPI Review Subcommittee and the QAPI Chairs Subcommittee and makes recommendations regarding any impediment to quality of care, quality outcomes, timeliness of care, and access to service. The roles of and responsibilities of these subcommittees of the Council are as follows:

- **QAPI Review Subcommittees**—The QAPI Review Subcommittees are responsible for reviewing client records to determine if services were provided following state and federal regulations, agency policy and procedures, cultural competency, community standards of practice, and appropriate utilization of fiscal resources.
- **QAPI Chairs Subcommittee**—The QAPI Chairs meeting, which occurs monthly, is comprised of program managers and supervisors. SJCBS Contract Liaisons and SJCBS contracted providers are invited to attend the meetings quarterly. The primary function of QAPI Chairs is to ensure SJCBS meets or exceeds documentation standards. As such, QAPI Chairs reviews current documentation practices, trends and verifies both Medi-Cal regulations and SJCBS policy and procedures are followed. Additionally, the committee makes policy recommendations and ensures test call procedures and assignments are reviewed.

Three subcommittees whose recommendations are reviewed by QAPIC are:

- **Grievance Committee**—The Grievance Committee is an established committee that meets on a quarterly basis to provide a thorough review of grievances, standard appeals, and expedited appeals received from SJCBS consumers, and analyze data and trends.
- **Cultural Competency Committee**—The Cultural Competence Committee has representation from management staff, direct services staff, consumer, community members, and representatives of cultures from the community. The Cultural Competence Committee meets regularly to review BHS adherence to the BHS Cultural Competency Plan by reviewing goals and objectives and making appropriate recommendations to BHS Administration regarding management and service provision as it relates to cultural and linguistic services.
- **Child and Adult Needs and Services Assessment Committee (CANSA)**—The CANSA Committee is an established committee that was developed to ensure SJCBS was part of the statewide implementation of a standardized assessment tool that assessed the needs of children, youth, adult, older adult and families through a strength-based needs-driven approach.

Annual Evaluation

An evaluation of the effectiveness of quality assessment & performance improvement activities is completed annually and reviewed with the QAPIC. The evaluation summarizes progress associated with each of the QAPI Work Plan goals and objectives, and includes actions taken in response to outcomes. Based upon the evaluation, revisions may be made to subsequent QAPI Work Plans.

Quality Assessment & Performance Improvement Work Plan

This is a living document and may be changed as needed.

During FY 18/19, SJCBS is committed to six quality assessment and performance improvement initiatives:

1. Improve timely access to service
2. Ensure access to care
3. Improve quality of service delivery and beneficiary satisfaction
4. Improve clinical outcomes
5. Enhance data-driven decision-making
6. Develop staff and enhance cultural competency

FY 18/19 measurable objectives are incremental and based on QAPI Council and SJCBS Executive Leadership’s judgment of what is manageable and possible to achieve in one year. In each year of this four-year work plan, SJCBS will review the previous year’s findings and adjust its measurable objectives accordingly. SJCBS’ longer-term goal is to improve performance expectations every year in order to achieve the gold standard in service delivery.

SJCBS’ overarching strategies guiding these initiatives involve:

1. **Collaborating** between divisions and disciplines to ensure quality services;
2. Coordinating with SJCBS divisions and the Information Systems unit, to **develop reliable reports** that provide monthly data for each initiative’s measurable objectives;
3. Reviewing data reports monthly with QAPI Council to **identify the greatest discrepancies** between current findings and goals;
4. Developing **real-time strategies** to address areas of concern;
5. **Implementing formal PIPs** for areas of greatest need;
6. **Revising goals** annually or as needed to meet regulatory expectations and stakeholder expectations; and
7. **Fostering staff participation** in and commitment to quality assessment and performance improvement initiatives

Initiative 1: Improve Timely Access to Services

Initiative 1: Improve timely access to services					
#	Goal	FY18/19 Measurable Objectives	Baseline	Baseline data sources/notes	Ongoing data sources, responsible parties, and review intervals
1a	Timely initial clinical assessments	At least 85% of all beneficiaries will be offered an initial clinical assessment within 10 business days of first request/first contact (CalEQRO, FY 16/17, Statewide MHP average: 79%)	73%		
		At least 85% of adults will be offered an initial clinical assessment within 10 business days of first request/first contact	77%		
		At least 85% of children will be offered an initial clinical assessment within 10 business days of first request/first contact	58%		
		At least 85% of foster children will be offered an initial clinical assessment within 10 business days of first request/first contact	22%		
1b	Timely initial psychiatry appointments	At least 65% of all beneficiaries will be offered an initial psychiatric appointment within 15 days of determination of necessity by BHS (CalEQRO, FY 16/17, Statewide MHP average: 62%)	16%	Data derived from Timeliness App and EHR; reported in FY17/18 EQRO Self-Assessment	Ongoing data sources: Timeliness App; EHR, reported into QAPI Data Collection Tool
		At least 65% of adults will be offered an initial psychiatric appointment within 15 days of determination of necessity by BHS	17%		
		At least 65% of children will be offered an initial psychiatric appointment within 15 days of determination of necessity by BHS	0%		
		At least 65% of foster youth will be offered an initial psychiatric appointment within 15 days of determination of necessity by BHS	Unk		
1c	Timely crisis evaluations	At least 75% of all beneficiaries in crisis will receive a crisis intervention within 120 minutes of request	58%	Baseline for initial access to psychiatry was measured from first contact rather than determination of necessity	Responsible parties: data entry overseen by Clinic Managers and analyzed by Timeliness PIP Team. Data monitored by QAPI Coordinator. Strategic planning recommendations by Timeliness PIP Team and Executive Leadership.
		At least 75% of adults in crisis will receive a crisis intervention within 120 minutes of request	50%		
		At least 98% of children in crisis will receive a crisis intervention within 120 minutes of request	95%		
		At least 98% of foster youth in crisis will receive a crisis intervention within 120 minutes of request	97%		
1d	Timely post-hospitalization followup	At least 95% of all beneficiaries will receive a followup appointment within 7 calendar days of discharge from hospital (CalEQRO, FY 16/17, Statewide MHP average: 71%)	87%		Review interval: monthly
		At least 95% of adults will receive a followup appointment within 7 calendar days of discharge from hospital	87%		
		At least 95% of children will receive a followup appointment within 7 calendar days of discharge from hospital	91%		
		At least 95% of foster youth will receive a followup appointment within 7 calendar days of discharge from hospital	44%		

FY 18/19 Strategic Actions

1. Timeliness PIP—continue to implement PIP strategies:
 - a. Phase 1: clarify working definitions, eliminate screenings, conduct weekly data analysis and coordinate real-time strategies between clinics (completed).
 - b. Phase 2: develop a 24/7 Call Center and Assessment Teams, and provide ongoing training to SJCBS staff to ensure accurate data entry, provide Timeliness App access and training to contractors (by April 1, 2019).
 - c. Phase 3: same-day assessment appointment options (see Timeliness PIP Report for further details).
2. Timeliness for foster care youth: Collaborate with County Counsel and San Joaquin County Human Services Agency to streamline referral and consent processes for youth in foster care and presumptive transfers.
3. Adequate staffing:
 - a. Conduct staffing capacity analysis to ensure sufficient staffing availability for each discipline to meet timeliness goals.
 - b. Ensure data submitted each quarter for the Network Adequacy Compliance Tool is accurate.
4. Review monthly data reports at QAPI Council to identify gaps and challenges.
 - a. Identify barriers to reaching timeliness goals and develop future strategic actions.

Initiative 2: Ensure Access to Care

Initiative 2: Ensure access to care					
#	Goal	FY18/19 Measurable Objectives	Baseline	Baseline data sources/notes	Ongoing data sources, responsible parties, and review intervals
2a	Beneficiaries receive timely and accurate information	<p>100% of test calls to 24/7 call line <u>during business hours</u> will receive timely and accurate information</p> <p>100% of test calls to 24/7 call line <u>after hours</u> will receive timely and accurate information</p> <p>100% of relevant test calls to 24/7 call line <u>during business hours</u> will document use of interpreter or language line</p> <p>100% of relevant test calls to 24/7 call line <u>after hours</u> will document use of interpreter or language line</p>	<p>100%</p> <p>75%</p> <p>100%</p> <p>100%</p>	<p>FY 17/18, Q4, 24/7 Test Call Report Form</p>	<p>Ongoing data sources: Test Call Report Form</p> <p>Responsible parties: QAPI Council</p> <p>Review interval: monthly</p>
2b	Increase proportion of beneficiaries who receive initial clinical assessment	<p>At least 77% of initial clinical assessments of <u>all ages</u> will be claimed</p> <p>At least 77% of initial clinical assessments of <u>adults</u> will be claimed</p> <p>At least 77% of initial clinical assessments of <u>children</u> will be claimed</p> <p>At least 77% of initial clinical assessments of <u>foster youth</u> will be claimed</p>	<p>71%</p> <p>70%</p> <p>76%</p> <p>unk</p>	<p>Timeliness App; FY17/18 contacts</p> <p>Baseline does not include data from contract providers</p>	<p>Ongoing data sources: Timeliness App. Goal established in current Timeliness PIP (see PIP report)</p> <p>Responsible parties: Data entry overseen by Clinic Managers and analyzed by PIP Timeliness Team and Evaluator. Data monitored by QAPI Council; Strategic planning recommendations by Timeliness PIP Team and Executive Leadership</p> <p>Review interval: monthly</p>
2c	Decrease non-psychiatry appointment no-show rates	<p>Fewer than 15% of <u>all ages</u> non-psychiatry appointments will result in a client no-show (CalEQRO, FY 16/17, statewide MHP average: 9%)</p> <p>Fewer than 15% of <u>adult</u> non-psychiatry appointments will result in a client no-show (CalEQRO, FY 16/17, statewide MHP average: 8%)</p> <p>Fewer than 15% of <u>child</u> non-psychiatry appointments will result in a client no-show (CalEQRO, FY 16/17, statewide MHP average: 12%)</p> <p>Fewer than 15% of <u>foster youth</u> non-psychiatry appointments will result in a client no-show</p>	<p>unk</p> <p>unk</p> <p>unk</p> <p>unk</p>	<p>Data source: Clinician's Gateway and Sharecare; reported in No-show Report</p>	<p>Ongoing data source: Clinician's Gateway and Sharecare; reported into QAPI Data Collection Tool</p> <p>Responsible parties: Data entry overseen by Clinic Managers; IS runs report; data monitoring by QAPI Council; Medical Director reviews Psychiatry Reports; strategic planning recommendations by QAPI Council; Medical Director and other Executive Leadership</p> <p>Review interval: monthly</p>
2d	Decrease psychiatry appointment no-show rates	<p>Fewer than 10% of <u>all ages</u> psychiatry appointments will result in a client no-show (CalEQRO, FY 16/17, statewide MHP average: 10%)</p> <p>Fewer than 10% of <u>adult</u> psychiatry appointments will result in a client no-show (CalEQRO, FY 16/17, statewide MHP average: 14%)</p> <p>Fewer than 10% of <u>child</u> psychiatry appointments will result in a client no-show (CalEQRO, FY 16/17, statewide MHP average: 12%)</p> <p>Fewer than 10% of <u>foster youth</u> psychiatry appointments will result in a client no-show</p>	<p>unk</p> <p>unk</p> <p>unk</p> <p>unk</p>	<p>Sharecare; reported in No-show Report</p>	<p>Responsible parties: IS runs report; MHPA Coordinator, Cultural Competency Committee, and executive leadership review findings and make strategic recommendations</p> <p>Review interval: quarterly</p>
2e	Improve Latino/Hispanic penetration rates	<p>Latino/Hispanic penetration rates will be at least 2.67% (source for goal is average medium county penetration rate for CY 2017)</p>	<p>2.46%</p>	<p>Data Source: 2017/18 External Quality Review Report</p>	<p>Ongoing data source: MEDS Report; reported by IS</p> <p>Responsible parties: IS runs report; MHPA Coordinator, Cultural Competency Committee, and executive leadership review findings and make strategic recommendations</p> <p>Review interval: quarterly</p>

FY 18/19 Strategic Actions

1. 24/7 test calls:
 - a. Identify and address logging errors.
 - b. Provide after-hour staff training to ensure beneficiaries receive timely and accurate information.
 - c. Survey after-hour callers to see if they are satisfied with Access services.
2. Continue to measure claimed initial clinical intake assessments during Timeliness PIP rollout—improved timeliness should result in an increase in the proportion of contacts who are linked to services.
3. No-shows:
 - a. Establish taskforce to define no-show categories, and educate staff on utilizing categories in Electronic Health Record (EHR).
 - b. Establish electronic data system to track and monitor no-show data for psychiatry and non-psychiatry appointments.
4. Latino/Hispanic penetration rate:
 - a. Monitor success of MHSA Assessment and Respite Center Innovation project, which is focused on increasing racial and ethnic minorities’ access to services. Review demographic and consumer satisfaction data from MHSA Access and Respite Center project on a quarterly basis.
 - b. Assign the Cultural Competency Committee to discuss and recommend strategies for effective outreach to and engagement with Latino/Hispanic communities.
 - c. Explore opportunities to increase the number of mental health services available in Spanish.

Initiative 3: Improve Quality of Service Delivery and Beneficiary Satisfaction

Initiative 3: Improve Quality of Service Delivery and Beneficiary Satisfaction					
#	Goal	FY18/19 Measurable Objectives	Baseline	Baseline data sources/ notes	Ongoing data sources, responsible parties, and review intervals
3a	Determination of medical necessity	At least 99% of case managed/therapy client records reviewed in subcommittee will demonstrate that medical necessity was determined At least 90% med-only client records reviewed in subcommittee will demonstrate that medical necessity was determined	98.6% Unk	QAPI Disallowance Summary Analysis, FY17/18. Includes all BHS and contractor providers. Does not include meds only clients yet	Ongoing data source: QAPI Disallowance Summary Analysis. Need to add meds only clients to review process Responsible party: QAPI Subcommittee conducts chart review. QAPI creates summary analysis. Reviewed by QAPI Chairs who make strategic recommendations at QAPI Council Review interval: monthly
3b	Determination of level of care	At least 90% of all beneficiary records reviewed in subcommittee will demonstrate that services are provided at the appropriate level of care At least 90% of adult records reviewed in subcommittee will demonstrate that services are provided at the appropriate level of care At least 90% of child records reviewed in subcommittee will demonstrate that services are provided at the appropriate level of care	n/a n/a n/a	Administration is in the process of developing protocols to ensure coordination of care based on level of need. Protocols will be developed by June 30, 2019.	TBD
3c	Increase service dosage	MHP will increase annual approved claims per beneficiary by at least 20% MHP will increase annual approved claim per Latino/Hispanic beneficiary by at least 20% MHP will increase annual approved claim per foster care beneficiary by at least 20%	\$4397 per beneficiary \$3505 per beneficiary \$5219 per beneficiary	Baseline data derives from FY18-19 External Quality Review Report. Statewide and small county claims per client are significantly larger than San Joaquin's for all beneficiaries, Latinos, and foster care youth.	Ongoing data source: Monthly Subcommittee Review Report Responsible parties: QAPI compiles report; Reviewed by QAPI chairs monthly and by contractors quarterly; Recommendations are presented to QAPI council and Executive Leadership for strategic planning Review interval: monthly and quarterly for contractors
3d	Increase beneficiary participation in QAPI, MHSA and Cultural Competency planning	Involve at least 5 new consumer and/or family member beneficiaries in QAPI, MHSA, and/or Cultural Competency activities Ensure at least two consumer and/or family member beneficiaries are present at each QAPI Council, MHSA, and Cultural Competency Committee meeting	n/a 1 beneficiary at each meeting	Roster of active advocates Attendance sign in sheets	Ongoing data source: Roster of active advocates, meeting sign-in sheets Responsible parties: Ethnic Services Migr; MHSA coordinator QAPI Review Interval: monthly
3e	Beneficiary satisfaction with quality of care	Fewer than 58 Quality of Care Grievances will be received annually	67	FY 2017/18 Grievance Log - Quality of Care Category	Ongoing data source: Grievance Log, Quality of Care Category
3f	Beneficiary satisfaction with provider	Develop an electronic Change of Provider Tracking System and benchmarks to demonstrate client satisfaction	unk	Review of FY16-17 Change of Provider Log. Review of FY1819 Q1 & Q2 to establish definitions and types for the three provider categories.	Responsible party: QAPI Grievance Coordinator Review interval: monthly
3g	Overall beneficiary satisfaction	At least 85% of youth will report overall satisfaction with services At least 90% of family members of youth will report overall satisfaction with services At least 90% of adults will report overall satisfaction with services At least 90% of older adults will report overall satisfaction with services	84.5% 96.1% 90.8% 93.3%	2017 Consumer Perception Survey, n= 609	Ongoing data source: Consumer Perceptions Surveys. Herein, surveys will be distributed annually. Responsible parties: QAPI responsible for collecting and compiling summary reports; data used by MHSA Coordinator and Cultural Competency Committee to inform program planning Review interval: annual

FY 18/19 Strategic Actions

1. Determination of medical necessity and level of care:
 - Provide medical necessity and level of care training for direct service staff.
 - QAPI subcommittees and chairs will focus on level of care determination in addition to reviewing medical necessity for case managed and therapy clients.
 - Recruit medical staff to participate in monthly QAPI subcommittee reviews, and establish a process to review medication-only charts for level of care determination and medical necessity.
2. Increase service dosage:
 - Conduct an analysis of staffing to determine capacity.
 - Implement new FSP programs designed to increase engagement in intensive services.
3. Increase beneficiary participation:
 - Cultural Competency Committee, Ethnic Services Manager, and Consortium will recruit beneficiaries, family members, and other stakeholders to increase membership and participation in QAPI, MHSA, and Cultural Competency planning.
4. Beneficiary satisfaction:
 - Track, trend, and analyze types of concerns in grievances, appeals, expedited appeals, and state fair hearing actions.
 - Research strategies to prevent and decrease consumer grievances regarding quality of care.
 - Develop, prioritize, and implement staff trainings and beneficiary education to increase level of beneficiary satisfaction.
 - Analyze Consumer Perception Survey results to identify areas of concern and integrate or compare results of the SJCBSH-internal survey to guide improvement of services.
5. Present findings from Quality Performance Dashboards to community and staff at QAPI Council, QAPI Chairs Committee, and Sr. Managers meetings.

Initiative 4: Improve Clinical Outcomes

Initiative 4: Improve Clinical Outcomes					
#	Goal	FY18/19 Measurable Objectives	Baseline	Baseline data sources notes	Ongoing data sources, responsible parties, and review intervals
4a	Prevent PHF rehospitalizations	Fewer than 14% of all beneficiaries will be readmitted to any hospital within 30 days of discharge (CalEQRO, FY 16/17, statewide MHP average: 14%)	17%	Source: FY17/18 EQRO Self Assessment, data pulled from Sharecare	Ongoing data source: IS department runs monthly report Responsible Parties: QAPI Council reviews data and makes strategic recommendations to Executive Leadership Review intervals: monthly
		Fewer than 14% of adults will be readmitted to any hospital within 30 days of discharge (CalEQRO, FY 16/17, statewide MHP average: 15%)	18%		
		Fewer than 9% of children will be readmitted to any hospital within 30 days of discharge (CalEQRO, FY 16/17, statewide MHP average: 9%)	11%		
		Fewer than 9% of foster youth will be readmitted to any hospital within 30 days of discharge	22%		
4b	Divert hospitalizations through CSU	At least 50% of all beneficiaries admitted to the CSU will be diverted from hospital admissions (e.g., released to lower level of care)	46%	Jan-Nov 2018 average, manual data collection into Excel by CSU Manager	Ongoing data source: IS department will automate data collection and reporting Responsible parties: currently CSU Manager reports data; Reviewed by QAPI Council
		At least 50% of adults admitted to the CSU will be diverted from hospital admissions (e.g., released to lower level of care)	46%		
		At least 50% of children admitted to the CSU will be diverted from hospital admissions (e.g., released to lower level of care)	47%		
4c	Medication adherence	At least 85% of case managed adults will be medication adherent (scoring 0 or 1 on Medication Involvement CANSA item)	78%	Baseline from Oct 2017 - Mar 2018 CANSA re-assessments, reported in current Clinical PIP	Ongoing Data Source: IS Department submits CANSA report with Medication Involvement Data every 2 weeks to evaluator Responsible parties: Evaluator and Clinical PIP Team review data; Medication PIP Team and Executive Leadership develop interventions as needed to improve outcomes (see current Medication PIP for further details)
4d	Cultural Stress	At least 85% of all beneficiaries will have a 0 or 1 on their Cultural Stress item at most recent CANSA reassessment	TBD	CANSA Team and evaluator will complete reporting templates by the end of February 2019. IS Department will produce monthly reports. QAPI Council will review baseline data and revise measurable objectives, as appropriate prior to subsequent annual QAPI workplan.	
		At least 85% of adults will have a 0 or 1 on their Cultural Stress item at most recent CANSA reassessment	TBD		
		At least 85% of children will have a 0 or 1 on their Cultural Stress item at most recent CANSA reassessment	TBD		
4e	Involvement in Recovery	At least 85% of all beneficiaries will have a 0 or 1 on their Involvement in Recovery item at most recent CANSA reassessment	TBD		
		At least 85% of adults will have a 0 or 1 on their Involvement in Recovery item at most recent CANSA reassessment	TBD		
		At least 85% of children will have a 0 or 1 on their Involvement in Recovery item at most recent CANSA reassessment	TBD		
4f	Risk Factors	At least 70% of all beneficiaries will show a reduction in risk factor scores between intake and most recent CANSA assessment	TBD		
		At least 70% of adults will show a reduction in risk factor scores between intake and most recent CANSA assessment	TBD		
		At least 70% of children will show a reduction in risk factor scores between intake and most recent CANSA assessment	TBD		

FY 18/19 Strategic Actions

1. Improve clinical outcomes:
 - a. Produce monthly quality performance dashboards through the Information Systems unit so that programs can make data-driven decisions that lead to better consumer outcomes.
 - b. Choose two evidence-based practices that improve clinical outcomes, and develop staff trainings on these methods.
 - c. Provide ongoing training about measuring outcomes to clinic managers and program-level staff; require all programs to have at least one outcome measure that they monitor regularly.

2. Medication adherence:
 - a. Continue to track data on medication adherence and monitor implementation of Medication PIP interventions during Medication PIP team meetings.
 - b. Medication PIP team members will present progress on Medication PIP during staff meetings to increase buy-in.

3. Child and Adult Needs and Strengths Assessment (CANSA):
 - a. Establish outcome baselines on Culture Stress, Involvement in Recovery, and Risk Factors by reviewing prior CANSA scores.
 - b. Provide ongoing staff training on CANSA Tool to ensure scoring objectivity.

Initiative 5: Enhance Data-Driven Decision-Making

Initiative 5: Enhance Data Driven Decision-making					
#	Goal	FY18/19 Measurable Objectives	Progress	Baseline data sources/ notes	Ongoing data source, responsible parties, and review intervals
5a	Complete and expand use of monthly Quality Performance Dashboards	Complete at least 3 departmental monthly Quality Performance Dashboards by July 1 2019 (e.g., 24 hour service; adult/older adult; CYS) Complete at least 2 additional (5 total) departmental monthly Quality Performance Dashboards by July 1 2020)	As of Dec 31, 2018, three dashboard templates are completed; IS is in the process of developing automation; Administration and Evaluator are reviewing for data validity	Data sources for dashboards include: Clinicians Gateway, Sharecare, Timeliness App; Excel logs	Ongoing data sources: In addition to existing data collection systems, IS developing customized data collection apps to replace excel logs Responsible parties: Clinic Managers ensure reliable data entry. Evaluator and Administration develops relevant measures; IS Department automates data collection: Evaluator validates data and produces dashboards manually if needed. Review intervals: Dashboards reflect monthly data; Dashboard Team meets weekly to build dashboards
5b	CANSA reports and algorithms	Produce client-level outcome report using CANSA data	Objective met December 2018	CANSA data	Ongoing data source: CANSA data entered into Clinician's Gateway. Automated client-level CANSA report accessed by case managers and used in treatment planning with consumers Responsible parties: CANSA Committee and IS Department is responsible for ensuring the reliability of reports Review interval: Case Managers can access reports as needed for tx planning
		Produce program-level outcome report using CANSA	Development in progress	CANSA data	Ongoing data source: CANSA Responsible parties: Evaluator and CANSA Committee develop report templates and IS Dept produce prototype by March 1, 2019 Review Interval: monthly CANSA Committee meetings and followup meetings with IS dept to develop standardized monthly reports

FY 18/19 Strategic Actions

1. Quality performance dashboards:
 - o Under the direction of Behavioral Health Director, program evaluator and administrative staff will coordinate with deputy directors to establish measures and benchmarks.
 - o The dashboard workgroup will develop reporting templates and coordinate with the IS unit to transition from manual data collection to automated processes.
 - o The evaluator will review standardized reports to assess data validity and reliability.

2. CANSA reports and algorithms:
 - o The CANSA Committee will develop client-level and program-evaluation report templates.
 - o The IS unit will produce automated reports.
 - o The CANSA Committee will train staff to use reports for treatment planning and assessing program outcomes. The CANSA Committee will develop algorithms that can be used during assessments to influence decisions regarding which level of care beneficiaries should be referred.

3. SJCBS staff and managers will utilize monthly dashboards and CANSA reports to identify emerging trends in quality of care and outcomes.

4. Establish a workgroup to create a glossary of SJCBS terms to ensure consistent QAPI terminology across system of care.

Initiative 6: Develop Staff and Enhance Cultural Competency

Initiative 6: Staff Development and Cultural Competence					
#	Goal	FY18/19 Measurable Objectives	Baseline	Baseline data sources/ notes	Ongoing data sources, responsible parties and review intervals
6a	Train all staff in cultural competency	100% of staff and contractors will receive online Cultural Competency Training within 12 months of employment	>98%	PeopleSoft HR log; Learning and Development Training Summary report (Baseline measured Dec 31, 2018)	Ongoing data source: same as baseline Responsible parties: Training Coordinator tracks completion of training; Clinic mgrs ensure staff are trained Review intervals: monthly
6b	Increase staff towards achieving Network adequacy standards	Increase ratio of adult psychiatrists to <u>adult</u> beneficiaries to eventually <u>meet 1:263 standard</u>	1:433	Network adequacy tool and HR employee records	Ongoing data source: same as baseline Responsible Parties: IS department provide data for reports; QAPI reviews data; Executive Leadership responsible for strategic planning
		Increase ratio of child psychiatrists to <u>child</u> beneficiaries to eventually <u>meet 1:230 standard</u>	1:704		
		Increase ratio of adult non-psychiatric positions to <u>adult</u> beneficiaries to eventually <u>meet 1:50 standard</u>	1:65		
		Increase ratio of child non-psychiatric positions to <u>child</u> beneficiaries to eventually <u>meet 1:31 standard</u>	1:65		
6c	Increase linguistic and cultural diversity among staff	Increase proportion of Latino/Hispanic staff to reflect proportion of <u>Latino/Hispanic</u> beneficiaries (Current proportion of beneficiaries who are Latino is 46%)	25%	2018 State Evaluation/ Workforce Education and Training Workforce Needs Assessment; HR Staffing Reports; In-House Staff/Ethnicity Database	Ongoing data source: same as baseline Responsible parties: MHSA coordinator, Cultural Competency Committee and Ethnic Services manager review data and make recommendations to Executive Leadership
		Increase ratio above baseline of Cambodian speaking staff to <u>Cambodian speaking</u> beneficiaries	1:98		
		Increase ratio above baseline of Vietnamese speaking staff to <u>Vietnamese speaking</u> beneficiaries	0:193		
		Increase ratio above baseline of Laotian speaking staff to <u>Laotian speaking</u> beneficiaries	0:89		
6d	Staff are trained in proper documentation	Fewer than 1% of services will be disallowed due to documentation errors	1.66%	QAPI Disallowance Summary Analysis, FY17/88. Includes all BHS and contractor providers. Does not include meds only clients	Responsible Party: QAPI subcommittee conducts chart review; QAPI creates summary analysis: Reviewed by QAPI chairs who make strategic recommendations at QAPI council. Documentation trainings coordinated by Training Committee Review interval: monthly

FY 18/19 Strategic Actions

1. Staff training in cultural competency and proper documentation:
 - a. Create a SJCBS Training Academy to provide clinical training and practical skills across the system of care.
 - b. Hire SJCBS Training Coordinator.
 - c. Improve and expand cultural competency curriculum.
 - d. Use findings from QAPI subcommittee reviews to improve and expand Medi-Cal documentation training.
 - e. Develop new medical necessity and level-of-care trainings.
 - f. Develop a standardized evaluation survey for training participants.

2. Increase cultural and linguistic diversity of staff:
 - a. Cultural Competency Committee to research and develop strategies to increase recruitment of culturally and linguistically diverse staff and improve beneficiary-to-staffing ratios.
 - b. Collaborate with San Joaquin County Human Resources Division on recruitment efforts to attract and retain a diverse SJCBS workforce.

3. Network adequacy:
 - a. Conduct staffing capacity analysis to ensure sufficient staffing availability and disciplines to meet timeliness goals.
 - b. Ensure data submitted each quarter for the Network Adequacy Compliance Tool is accurate.